

Here is the main thing you need to know: there are medicines that people with HIV can take to stay healthy. By taking these medicines daily, one can live and work normally and give birth to healthy babies.

But if a person with HIV does not take these medicines, he or she can get very ill and lose the ability to work. HIV infection can lead to death within a few years.

IT IS IMPORTANT TO KNOW

that by Russian law, foreigners with HIV cannot live and work in the country.¹ A foreigner diagnosed with HIV will be required to leave Russia and will not be allowed to come back legally (except if they have a spouse, children or parents living in Russia).



¹Federal Law No. 38 of March 30, 1995, «On Preventing the Spread in the Russian Federation of the Disease Caused by the Human Immunodeficiency Virus (HIV infection)».



find out mine HIV-status

ANOTHER THING TO KNOW

is that Russia does not provide HIV treatment to foreigners. If you are HIV-positive, you may choose to go back to your country where you can see a doctor and receive treatment free of charge.

You can get tested
anonymously without giving
your name.

Learn how to do this by calling

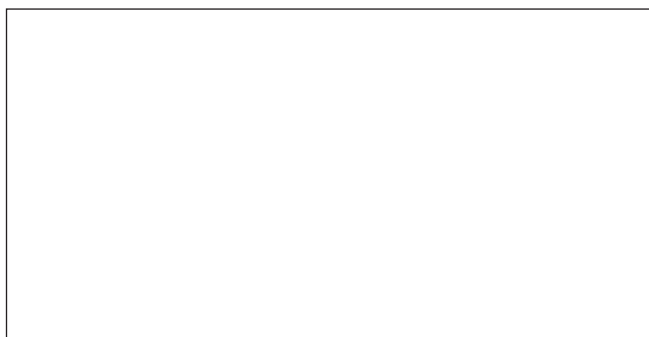
+7 967 079-71-45

+7 915 452-83-92

+7 910 000-55-18

“Step towards Health”

Call the following numbers to get your questions about HIV answered, learn how to protect yourself, and get a free HIV test:



Региональная
экспертная группа
по здоровью мигрантов



IF YOU TEST POSITIVE FOR HIV