

Anyone in Russia, regardless of their citizenship and nationality, insurance policy and other papers, is entitled to FREE emergency medical care.<sup>1</sup>

Emergency care is provided in situations which pose an immediate threat to life and require urgent medical intervention.

Free emergency care is provided only in public hospitals.

Emergency ambulance numbers in all Russian cities are 103 or 112 for a mobile phone (an ambulance can be called even from a locked phone). When calling an ambulance, tell the operator what has happened, where the injured person is, and answer any questions the operator may ask.

## YOU SHOULD CALL AN AMBULANCE:

- when someone is seriously injured, e.g. in a car crash or by falling out of a window
- if a person is unconscious
- in case of a serious accident
- in case of severe bleeding
- in case of serious poisoning
- if a pregnant woman has contractions or acute sudden pain



<sup>1</sup>Russian Government Decree of March 6, 2013, No. 186 «On the approval of the Rules for the provision of medical assistance to foreigners in the Russian Federation.»

Emergency ambulance numbers  
are **103** or **112** dialed from  
any mobile phone

**+7 967 079-71-45**

**+7 915 452-83-92**

**+7 910 000-55-18**

### “Step towards Health”

Call the following numbers to ask  
questions about accessing medical care  
or protecting your health:

Remember that emergency  
medical care is your right. An  
ambulance cannot refuse to help  
you even if you do not have a  
medical insurance policy or any  
other paperwork.



**EMERGENCY CARE  
FOR MIGRANTS  
IN RUSSIA**